



POST OP INSTRUCTIONS FOR **LABIAPLASTY**

- Intermittent icing of the area for the rest of the day
- You may take a shower with soap and water 48 hours after surgery. Be careful not to pull or tug on the incision lines or stitches. Use warm water. Do not soak in the bath
- Apply bacitracin to the stitches twice a day for 2 days, after 2 days switch to aquaphor. Apply the aquaphor twice daily for 1 week
- Please keep area clean
- It is normal to have swelling and bruising of the labia. This will resolve over the next two weeks.
- There will be bloody or blood-tinged drainage for a minimum of 1- 2 weeks following your labiaplasty
- No intercourse for 6 weeks
- No tampon use for 6 weeks